



**Joel Zonszein, MD, CDE, FACP, FACE**

Professor of Clinical Medicine, Albert Einstein College of Medicine, Montefiore Medical Center, University Hospital for Albert Einstein College of Medicine

**Joel Zonszein, MD, CDE, FACP, FACE** is Professor of Clinical Medicine at the Albert Einstein College of Medicine and Director of the Clinical Diabetes Center at the University Hospital of the Albert Einstein College of Medicine, a Division of Montefiore Medical Center. He is certified by the American Boards of Internal Medicine, Endocrinology and Metabolism, and Nuclear Medicine. He has ample clinical experience particularly in the area of diabetes. In 1993 he developed a large and prominent Clinical Diabetes Center. Montefiore's diabetes self-management program, the Proactive Managed Information System for Education in Diabetes (PROMISED©), has been twice nationally recognized by the American Diabetes Association for exemplary performance and the consistent achievement of national standards. He serves as a faculty member at the Albert Einstein College of Medicine Diabetes Research and Training Program (DRTC) and the Hispanic Center of Excellence (HCOE), and served as a co-investigator and Scientific Director of the Bronx Center to Reduce and Eliminate Ethnic and Racial Health Disparities (BxCREED), all supported by NIH grants. He was involved in several of the NIH landmark clinically trials such as the Diabetes Control and Complication Trial (DCCT), the Diabetes Prevention Program (DPP), and the Bypass Angioplasty Revascularization Investigation 2 Diabetes (BARI2D). His special interest is the understanding of cardiovascular disease in individuals with diabetes with a particular interest in improving diabetes care in underserved minority populations. He has been instrumental in several projects for diabetes education and diabetes care delivery systems. He serves on several advisory boards, especially those related to improving medical care in ethnically diverse populations. He is a member of several clinical societies and has published broadly. He has lectured extensively in the area of diabetes both nationally and internationally. Dr. Zonszein is the recipient of many honors and awards.

References

Organization

Clinical Diabetes Center, Montefiore Medical Center

<http://www.montefiore.org/endocrinology-clinical-diabetes-center>

Videos

*Diabetes: Trends, Challenges, Solutions, Dr. Joel Zonszein*

<https://www.youtube.com/watch?v=cY65SQ5BCXY>

*Community Health Series: Diabetes*

<http://www.einstein.yu.edu/video/?startChapter=363&SCID=36&ts=faculty#top>

*Diabetes Now NYC Public Enemy #2*

<https://www.medpagetoday.com/theguptaguide/endocrinology/40778>

*Albert Einstein College of Medicine Community Health Series: Diabetes, 2 of 4*

<https://www.youtube.com/watch?v=NKtnKhqGC5A>

## Publications

*10 Questions: Joel Zonszein, MD*

<https://www.medpagetoday.com/blogs/10questions/52333>

*Could Big Lifestyle Changes Be Key to Managing Type 2 Diabetes*

<https://consumer.healthday.com/diabetes-information-10/diabetes-management-news-180/could-big-lifestyle-changes-be-key-to-managing-type-2-diabetes-725562.html>

*Can Diabetes Kill You?*

<http://www.health.com/type-1-diabetes/diabetic-ketoacidosis-causes-symptoms-treatments-diet>

*Diabetes Threatens Kidneys, Vision of Millions of Americans*

<https://consumer.healthday.com/diabetes-information-10/diet-diabetes-news-178/diabetes-threatens-kidneys-vision-of-millions-of-americans-726462.html>

*15 Things Diabetes Doctors Do to Keep Their Own Blood Sugar Under Control*

<https://www.rd.com/health/conditions/diabetes-doctors-keep-blood-sugar-control/>