

## **POSTER INVITATION**

**Submission Deadline: September 3, 2021**

- You are invited to apply to present a poster at the 2021 *Movement Is Life* Caucus.

**About the Movement is Life Caucus:**

**When:** November 4-5, 2021

**Where:** Renaissance Washington DC Downtown, 999 9th St NW, Washington, DC 20001

**Who:** The *Movement Is Life* Caucus is a unique group of dedicated individuals and organizations whose mission is to “*decrease musculoskeletal health disparities among women and racial/ethnic minorities by raising awareness of their impact on chronic disease management and quality of life. By promoting the importance of early intervention, we seek to slow musculoskeletal disease progression, reduce disability and encourage physical activity and daily movement to improve the overall health of the nation.*” In our 11th year, our caucus is unique because of the broad range of individuals who participate: patients, respected community leaders (including faith-based organizations), physicians and other healthcare providers and policy makers.

We would like to offer **Community-Based and Academic Organizations** the opportunity to exhibit **posters** at the meeting. The goal of the poster exhibit is to provide an opportunity to increase awareness of the various community-based and academic programs addressing musculoskeletal health disparities and to provide an opportunity to network.

With the COVID-19 pandemic, there is increasing awareness that there is a disproportionate burden of COVID illness and its severe effects in racial and ethnic minority groups and particularly those with comorbidities such as diabetes and obesity. It has never been more important to understand how musculoskeletal health disparities threaten the health of the nation. Different strategies need to be developed to reduce the levels of comorbidities and its impact on disease and musculoskeletal disorders. Posters are encouraged which address these strategies. This includes how to improve musculoskeletal health and healthcare in women and under-represented minorities as well as how to disseminate this information to the appropriate people – from patients to physicians and other healthcare providers to communities and politicians.

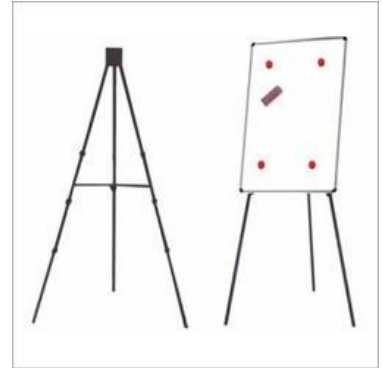


The one-page application must be received by **September 3, 2021**. The applicants will be contacted via email by September 24, 2021 with the decision on whether their poster submission is accepted. [Please note: we cannot provide funding for the creation of the poster.]

## POSTERS

The poster exhibit provides an opportunity to increase awareness of the various programs and strategies to address **musculoskeletal health disparities**. The posters will be exhibited on tripods that will be provided by Movement is Life. Movement is Life will provide poster backboards. Each backboard is 3' high by 5' wide. **PLEASE NOTE** that this poster size is smaller than the posters at some national meetings.

You must supply the title for your poster. Lettering for your poster title should be at least 1" high and follow the format for your abstract. Lettering for your poster text should be at least 3/8" high.

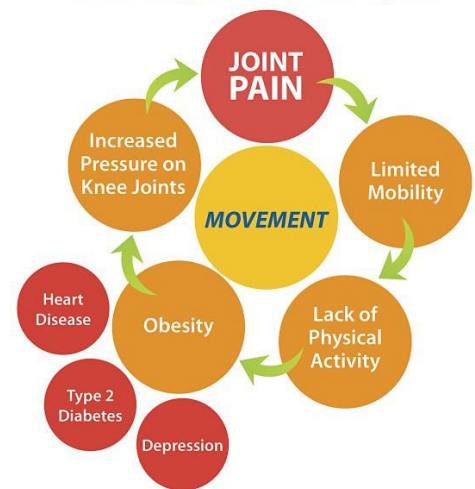


Poster sessions will be held during the first day of the meeting. Poster applicants must be present with their poster to discuss their work at the time and date indicated in their letter of acceptance.

**Themes.** Submitted abstracts may be based on the following themes:

- Outreach: Strategies undertaken to increase awareness of musculoskeletal disparities amongst individuals, different communities, physicians and other healthcare providers, or institutions (hospitals, government agencies, insurance carriers).
- Community-based programs: Programs that address musculoskeletal health and health care or associated diseases (e.g., heart disease, type 2 diabetes, obesity, depression).
- Academic Research: This may include studies utilizing nationwide databases, meta-analyses, clinical studies and basic science.

### Breaking the Vicious Cycle



### Community-Based Posters

- Posters may be created with supplies from arts & crafts stores. In other words, the poster can be inexpensive and does not need to be professionally prepared.
- This is not intended to be restrictive. The following are suggestions. Please feel free to be flexible with the layout and, to some extent, the content of the poster. However, the topic of the poster must be related to the mission of the Movement is Life Caucus (see #3 below).
- You can address some of the following:
  1. What is your community program (briefly describe what it is: an activity program? a nutritional/weight loss program?)
  2. What is the purpose/goal of the program? Who are you trying to reach?
  3. How does this program relate to the mission of Movement is Life?  
**MIL Mission:** *Decrease musculoskeletal health disparities among women and racial/ethnic minorities by raising awareness of their impact on chronic disease management and quality of life. By promoting the importance of early intervention,*

*we seek to slow musculoskeletal disease progression, reduce disability and encourage physical activity and daily movement to improve the overall health of the nation.*

4. Lessons Learned: What are the lessons you have learned that you can share? What challenges have you overcome?
5. What future ideas/plans do you have for your community-based program?

### ***Scientific/Academic Posters***

- The format for these posters is similar to that used at most national scientific meetings.
- The posters should include: Introduction, Materials & Methods, Results, Discussion & Summary, Relevance to the Mission of Movement is Life (required).
- Posters that are relevant to our mission that have been presented at other meetings may be submitted.







**2021 National Caucus Addressing  
Musculoskeletal Health Disparities**  
November 4-5, 2021  
Renaissance Washington DC Downtown

**Academic: Poster Application**  
**Submission Deadline: September 3, 2021**

The Movement is Life Caucus will provide the opportunity for scientific poster presentations from Academic Programs as well as Community-Based Programs at the National Movement Is Life Caucus to be held on November 4-5, 2021. As there is limited space, this is a competitive application. Applicants will be notified via email on or before September 24, 2021 as to whether their poster has been selected for presentation.

Name of Submitter:

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Institution: \_\_\_\_\_

Mailing Address:

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City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Cell Phone Number:

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E-Mail Address: \_\_\_\_\_

Proposed Title of the Poster:

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Does this poster relate to the COVID-19 pandemic? Please circle: YES NO

Do we have your permission to showcase posters on the MIL website and social media? YES NO

Please provide a brief description of your scientific project including: the purpose of the study (what question were you trying to answer or hypothesis you were trying to test); research subjects; and research findings. **In addition, please describe how your program relates to the Movement is Life effort (required).** Maximum: 250-300 words. If you have presented this poster previously, you may send a copy of the abstract.

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